

## Information for international students

### University's Description

De La Salle Bajío University, located in Leon, Guanajuato, is a private university of Christian inspiration, founded in 1968 by Dr. Manuel de Jesus Alvarez Campos, Brother of the Christian Schools.

De La Salle Bajío University is accredited by FIMPES (Federation of Mexican Institutions for Higher Education), which confirms and guarantees the academic and educational quality it provides to its students as well as service to the society.

In 2006, the Ministry of Public Education granted De La Salle Bajío University registration as an Institution of Academic Excellence, which identifies it as an Institution that performs all of its processes with quality, in an integrated manner.

Currently, our University offers: 25 Degree programs, 15 Specialties, 24 Master's degrees, two of them via the La Salle Online System in partnership with Christian Brothers University of Memphis, USA; two PhDs in agreement with the Autonomous University of Queretaro and Nuevo Leon, plus 30 Continuing Education programs.

Nowadays, the University consists of five campi: Campestre, Salamanca, Juan Alonso de Torres, Americas, and San Francisco del Rincon, serving 16,000 students.

### **De La Salle Bajío University is located in:**

Avenida Universidad #602, Lomas del Campestre,

P.O. Box 1-444.

Postal Code: 37150

Tel.: (477) 710 85 00

Fax. (477) 718 55 11

Leon, Guanajuato, Mexico

### University's Mission

Inspired in the De La Salle's faith legacy, fraternity and service, De La Salle's University mission is the integral formation of the human being, with the aim to collaborate in building communities and the social transformation, therefore it is always in search of the truth of nature, of man and God.

### University's Vision

De La Salle University is an important actor in the High Religious Educational context, due to the incorporated functions always looking for the integral quality education. It especially supports knowledge innovation management and the cultural management. It is distinguished by the internationalization and multicultural backgrounds, the collegiate work and the multidisciplinary collaboration, as well as the link with other social actors. With these it achieves an important impulse to the Sustained Social Development

## Dental School

### Mission

To instruct and prepare individuals, through the integral learning process, to develop the knowledge, skills, attitudes and values to provide dental healthcare of the highest quality. The UDLSB Dental School graduates will be committed to continuous up-dated education, open to innovation, and committed to the implementation of prevention schemes to manage and treat oral illnesses, through an ethical, efficient, and competent service.

### Vision

To be recognized as the best Dental Faculty in the Country and to have International Projection as a result the quality of its programs and graduates.

### Values

- Personal Commitment
- Social Commitment
- Commitment with the environment
- Continuous Improvement
- Team Work
- Discipline at Work
- Ethics
- Spirituality

### Academic Authorities at the University

De La Salle Bajío University's highest authority is Brother Andres Govela Gutierrez, who holds the position of Rector, followed by architect Jose Amonario Asiain Diaz de Leon, Vicerrector, both responsible of managing and representing this University.

In turn, each Faculty or School has a Director, supported by one or more Academic Coordinators. They will be in contact with you during your stay to guide you and support you in the processes you should perform according to the courses belonging to the career you're studying at the Campus.

### University Housing

Living within the University, offers the opportunity to broaden the experience by locating within a residential community that promotes healthy coexistence in a security framework.

Almost half of our students are foreign, whether domestic or from other countries. For this reason and for the purpose of providing comprehensive care, the University offers residence halls for men and women.

The residential area has two buildings, including a central area that houses the front desk and surveillance booth, office, common square with gardens and benches, study room and area with vending machines.

Services inside the residence:

- **Housekeeping:** Basic service in which staff performs cleaning of apartments or rooms and facilities in general.
- **Surveillance:** CCTV system and staff at the reception booth 24 hours a day.
- **Parking space:** Available 24 hours a day inside the University's parking lots, at an extra cost per semester.
- **Vending machines area:** Available with soft drinks and food, located next to the surveillance booth.
- **Payment process:** 5 payments are made every semester (each semester the cost increases). The first payment must be made in advance to secure the place and the remaining payments will be made along with the school tuition. These payments range from the first day of school until the last day of final exams. During holiday periods, the student must leave the room for maintenance and repairs.

For more information about the residence halls at the De La Salle Bajío University, please visit:

<http://bajio.delasalle.edu.mx/web3/contenidos/servicios/residencia.html>

**Contact:**

Rosa Maria Aguilar Lopez, CPA  
Chief of Student Residence  
De La Salle Bajío University  
Tel 477 7108500 Ext. 418  
[residencias@delasalle.edu.mx](mailto:residencias@delasalle.edu.mx)

**Other housing options**

For additional options, we can provide you with information about different places to stay near the University. Some useful sites to review before you arrive are:

**Villas Mediterraneas:** [www.villasmediterraneas.com](http://www.villasmediterraneas.com)

**Amueblados El Lago:** [www.tiro-olimpico.com/lago/index.html](http://www.tiro-olimpico.com/lago/index.html)

To rent an apartment in Mexico, you usually need an endorsement or proof that you are only staying temporarily to study and must pay a one month deposit and one monthly payment in advance.

Once you find the apartment, you have to sign a contract with the owner where the following information must be clear: monthly rent, deposit amount, any extra monthly fees (maintenance, cleaning, water, etc.). Read the contract thoroughly to avoid surprises.

## Sports

The Sports Department promotes, throughout the university community, a formative and competitive sport aimed at the integral formation of the person by developing their full potential, through a multidisciplinary activity that has the optimal conditions for practice and development, in order to ensure that practicing a sport is part of the student's life plan.

With this purpose, the department organizes internal tournaments, classes and sports clubs for health care, besides coordinating representative teams.

Activities offered by the Sports Department are:

a) Internal Tournaments:

- Basketball
- Soccer,
- Uruguayan soccer,
- Indoor soccer (male/female),
- Bowling tournament,
- Mixed voleyball,
- Sports Saturdays.

b) Sports classes:

- Aerobics,
- Jazz,
- Gym weights,
- Cardiovascular activity area
- Physical conditioning,
- Tae Kwon Do,
- Chess.

c) Representative teams:

- Athletics,
- Basketball,
- Baseball,
- Indoor soccer,
- Soccer,
- Voleyball,
- Animation group (cheerleading)

d) Clubs :

- Tennis,
- Table tennis,
- Badminton,
- Camping.

The following facilities are available for these activities:

**Multidisciplinary Gym "Universum Nostrum"**

- Press room,
- Music hall
- Theatrical forum with light and sound,

- 5 dressing rooms,
- Tiers for 1,500 people.

**Internal sports facilities:**

- Weightlifting gym and cardiovascular area
- Squash courts,
- Basketball court,
- Volleyball court,
- Aerobics room,
- Tennis court,
- Dressing rooms.

**External sports facilities:**

- 5 multidisciplinary outdoor courts,
- Uruguayan football field (artificial turf)
- 200m running track,
- Indoor soccer court (with grandstand for 300 people),
- Football field (Natural grass)
- Multidisciplinary field.

To qualify for gym use, an assigned payment is considered each semester.

**Cultural Activities**

The Department of Cultural Diffusion at De La Salle Bajío University aims to encourage and promote cultural activities that complement the integral education of our students, besides promoting artistic groups that are part of the University.

Activities offered by the Department of Cultural Diffusion are:

- Theatre
- Flamenco dance
- Jazz
- Contemporary Dance
- Polynesian Dance
- Folk Dance
- Latin Rhythms
- Capoeira
- Student music group
- Popular guitar
- Flamenco Guitar
- Singing
- Polyphonic choir
- Visual Arts
- University Orchestra
- Reading Room
- Cinema Club

## Parking

The University offers several parking spaces distributed as follows:

- In front of the Dental School, giving service to 340 cars during mixed schedules (morning, afternoon).
- At the Design School building, with spaces for 90 cars during mixed schedules.
- In front of the Uruguayan soccer field, with 120 spaces on service during both schedules.
- Another parking lot is located adjacent to the Soccer field, available to accommodate 126 cars during mixed schedules.
- At the Business School building, with spaces for 64 cars on the bottom, east side; on the upper part, 140 cars can be parked during mixed schedules.
- East parking lot offers 58 spaces, servicing a total of 116 cars during both schedules.
- Northeast parking lot has 110 spaces to serve 220 cars during mixed schedules.

### First-time parking application process

**NOTE:** For more information, please contact the Chief of Security and Material Resources Control, extension **312**.

## Communal Square

The University has extensive green and recreational areas that promote coexistence among students, where they can talk, work or simply relate with other peers. Some of these places are:

- San Juan Bautista De La Salle Square:** Cafeteria, wireless Internet access.
- San Juan Bautista De La Salle Forum:** Space for artistic and cultural expressions.
- Centennial Square:** Features a fountain, landscaping, rest areas, entertainment, cafeteria and wireless Internet access.
- Fraternity Square:** Represents 12 Lasallian institutions united by a single purpose.
- Gym Esplanade**
- Library Esplanade**
- Foundation Square**

## Sain 2000 Clinic

Medical service at the SAIN 2000 clinic has a nursing area to provide first aid such as healing, pain management or to administer simple medications such as analgesics, antacids and antihistamines.

If an accident or injury on the premises of the University happens to occur, logistic has been implemented for first aid, transfer or immobilization at the Sain 2000 Medical Clinic.

Office hours are Monday to Friday from 8:00 a.m. – 3:00 p.m. and from 4:00 p.m. - 9:00 p.m. Saturdays from 8:00 a.m. to 12:00 p.m.

Note: this service is free of charge.

When arriving to the De La Salle Bajío University, it is necessary to have a major medical expenses insurance, with comprehensive international coverage and official validity in Mexico, including repatriation of remains; in case hospital care is required, the major medical expenses insurance will be used.

### **Department of Guidance and Educational development**

Its mission is to assist and promote the student's integral development, streamline the work of teachers and support directors in their task of leading the academic course, through the provision of psychoeducational services.

For students, services of the student development unit are offered, organized into two basic areas:

- Psychological counseling
- Educational guidance.

#### **Psychological counseling helps when the student:**

- Is feeling sad or lonely
- Has problems and doesn't know how to deal with them
- Is feeling that he or she is losing control of drinking
- Doesn't find any meaning of life
- Has difficulty adapting to a new group of friends
- Is feeling concerns about sexuality
- Doesn't get along with family, boyfriend / girlfriend and friends
- Is having personal situations, difficult to communicate to others
- Just wants to know and understand himself / herself better

#### **Educational guidance helps when the student:**

- Has difficulties to organize study and fun time
- Is having trouble focusing on studying
- Does not know how to prepare for exams
- Has reading skills, but they don't help achieve knowledge
- Has low grades or many failed subjects
- Doesn't know what career to study
- Is not sure if he or she has chosen the right career
- Has concerns about how to merge in the working environment

Psychological and educational guidance can be taken either individual or in small groups of young people who share an interest, concern or common problem. Visits to groups of every career programs are also made every semester.

#### **University Workshops are available to support comprehensive education:**

- "Learning to learn": Course about study methodology.
- "Reading to learn": Skills development for a critical reader

- "Living away from home": How quality of life depends on the ability of organization.
- "Self-esteem": A journey inside.
- "Being a University Student": Mourning and commitments.
- "Job Guidance": How to provide professional services.
- "Development of psychosocial skills": Ability to feel better about yourself and the environment.
- "Conflict Resolution": Assertive management to address problems

### **How can this service be requested?**

Students: make an appointment directly with the secretaries of the Department of Guidance and Educational Development.

### **Where is the Department of Guidance and Educational Development?**

In Lomas del Campestre campus, located in Building "H"

### **What time can I go to the Department of Guidance and Educational Development?**

Monday through Friday from 7:30 a.m. to 7:00 p.m. at the Lomas del Campestre campus. Or call 7 10 85 00 ext. 146, 145 and 244 for an appointment.

### **Virtual Spaces**

Website: [www.delasalle.edu.mx](http://www.delasalle.edu.mx)

Visit De La Salle Bajío University's official website, where you will find general information regarding the University and everything related to its five Campi, as well as their activities, facilities, services and other information so you can make better use of what the university offers.

Free wired and wireless Internet service is available at the University's premises.

You will be assigned a username and password to access the "Student Portal" of the De La Salle Bajío Community, as well as a "De La Salle" personal email account. You can have internet access in the Internet Room at the Central Library. If you have a laptop, passwords to wireless networks distributed around the campus will be assigned.

It is important to check your "De La Salle" email on a regular basis, since school authorities and teachers will contact you this way.

### **De La Salle Community**

The University offers a unique electronic space for students, which is designed to provide academic and administrative information, as well as publishing news about the activities undertaken within the University.



The main services include:

- **School calendar:** exam dates, registration, payments, etc.
- **Job offers:** Opportunities to start a working relationship.
- **Regulations:** For students, graduation, library, computer center and language center, among others.
- **Certification:** options and steps to obtain the degree.
- **Credits:** What the integral education consists of.
- **Awards:** Medals and diplomas that can be achieved.
- **Academic Enquiry:** Space where you can view your personal information, study plan, transcripts, schedules and credits, among others.
- **Platform for Dental School students:** A site with specified information (internal regulations, class schedules, clinic, tutoring, counseling, clinical requirements, etc.)

### Spanish Courses

De La Salle Bajío University invites international students to participate in its SPANISH COURSES FOR NON-SPANISH SPEAKERS.

An international educational trend is to promote language learning, being Spanish an important language in several countries.

De La Salle Bajío University's Vision integrates its international dimension, so international promotion and sale of the Spanish programs accounted for language learning as a Foreign Language, contributes to its development.

#### Our commitment:

- To improve the students' Spanish level through various activities.
- To provide information so that students understand and participate in the Mexican life and culture.
- To offer a balance of all the Spanish language elements, including: speaking, listening, language structure, grammar and usage, reading comprehension, vocabulary and writing.

Different levels are offered, from basic to advanced, regular, semi-intensive and intensive courses, as well as special courses according to the needs of the group.

It is required for an international student to have the skills and language proficiency for registration in any of the courses at the De La Salle Bajío University.

### Educational System in Mexico

The Ministry of Public Education (SEP), is responsible for the educational system in Mexico. As stated in the General Education Act, there are three types of education: basic, upper secondary and higher education.

Basic education is made up of three levels: preschool, primary and secondary. The upper secondary level includes high school and professional technical

education; higher education is taught after high school, consisting of three levels:

- a) Higher technical: Educates technically capable professionals to work with some degree of specialization in two-year study programs, but lacks the undergraduate level.
- b) Undergraduate level: Taught in technological and teacher training institutions, as well as universities. Trains professionals in different areas of knowledge with 4-year study programs (or more).
- c) Postgraduate: Requires an undergraduate degree and is divided into specialized studies, master's degree or PhD. Educates professionals with a high degree specialization, which are credited by an academic degree or a specialist certification

In accordance with the method of teaching, the educational system is divided into two types: schooled and unschooled. The first one has the most coverage; it is on-site, as the student attends a campus to cover a study program according to a predefined schedule of official activities.

Unschooled mode refers to open or distance learning; it is not face-to-face (or partially), and adapts to the needs of service users, working with the support of consultants.

At the De La Salle Bajío University, Campus Campestre, the level of higher education is taught (schooled mode), as a private university in Mexico with official recognition.

### **Grading System**

Grades will be based on a scale of 1-10, with 5.0 being a failing grade.

The style of the lessons varies according to professional schools. Thus, classes considered "lectures" are different from those usually taught in North America or other countries. Teachers dictate notes and expect students to do research and provide information as well. Reports and presentations by students are common, in addition to assigned special projects.

Students usually take 7-9 courses per semester.

Once the student completes the study program, he or she graduates as an "intern". To receive the official professional registration ("Professional Certificate"), the student must write and defend a thesis. The thesis preparation is considered within the last semesters' curriculum.

Currently, there are other graduating options such as: studying a Masters or specialty degree, presenting a comprehensive national exam through an organization called CENEVAL (for some study areas only), or by excellence certification for students with an outstanding average in their career.

It is mandatory to attend the induction meeting to know De La Salle Bajío University, the entering study area, as well as the introduction to Mexican culture, which will facilitate the interaction with classmates throughout the study program.

## **MIGRATION PROCESSES**

### **VISA**

With the official letter of acceptance from the De La Salle Bajío University, the student must go to the Consulate of Mexico in their country of origin in order to process the STUDENT VISA. It is mandatory for all international students to have this visa, so they can register for the required courses.

It is important to note that once the student arrives in Mexico he or she should attend, within 30 days, to the Immigration Office in order to register for the National Registry of Foreigners. The Mexican government requires this procedure and has an additional cost.

This registry will allow the student to stay in the country for the necessary time and have no setbacks upon returning to the country of origin. It is suggested to carry out this process on time to avoid unnecessary fines.

All students enrolled in the Dental School must perform one year of Professional Social Service and, upon finishing it, can obtain a certificate card in order to practice in Mexico (requires additional immigration procedures); this process, along with the requirements to obtain a student visa, will be the student's responsibility. The University is released from any legal situation arising for not having proper immigration status.

## **ABOUT LEON, GUANAJUATO**

### **City description**



The state of Guanajuato is located in the central region of Mexico, known as "El Bajío". The city of León is located north of the state at an altitude of 1,830 meters, limiting with the state of Jalisco.

Its current population is 1,700,000 inhabitants. It is a quiet and safe city, the fifth most important in the country with good living opportunities.

Its climate is mild all-year round: the average temperature is 23° C (73° F). The rainy months range from June to September, while cold months are January and February. In the spring, light clothing is used, in the summer time an umbrella is essential and during fall and winter seasons a sweater and a warm jacket, respectively.

Leon is the industrial, livestock (pigs and cattle), commercial and transportation center of a rich agricultural region where wheat, corn, onions, beans and

peaches are grow;. it is also the largest industrial footwear and tannery producer in Mexico. Other industries focus on flour production and manufacture of textiles as well, although in recent decades, its profile has changed into a city of services.

Leon's craft production is characterized by the wide range in leather products (jackets, bags, purses, belts etc.), shoes, and development of artistic blacksmithing, cutlery and ceramics.

Its location allows to be connected by land with some of the major cities of central Mexico: Mexico City (no more than 4 hours away) and cities such as Queretaro, San Luis Potosi, Guadalajara and Aguascalientes (two hours distance each). Leon is also connected by air with the major cities of Mexico, United States, Canada and Europe.

## HISTORY

In ancient times, Leon's territory was inhabited by various indigenous groups, such as the Toltec, Chichimecan and Guamares, among others. Archaeological sites of Alfaro and Ibarrilla, near the city of Leon, reveal that the oldest settlements in this area date from the Preclassic horizon. This territory was founded on January 20<sup>th</sup>, 1576, with the name of Villa de Leon, by order of viceroy Don Martín Enriquez de Almanza, in order to create a barrier of protection against attacks by the Chichimecan. In 1580, it was elevated to the rank of Major Municipality separating it from Guanajuato, and had jurisdiction in the present municipality of Leon.

Visit the official city websites for more information:

[www.leonguanajuato.com](http://www.leonguanajuato.com)

## PLACES OF INTEREST IN LEON

- Calzada de los Heroes and Arco de la Calzada
- Expiatorio Plaza and Church
- San Juan de Dios Garden
- Basilica Cathedral of Leon
- Forum Cultural Guanajuato
- Nou Camp Stadium
- Leon Zoo
- Metropolitan Park of Leon
- "Explora" Science Center and Park
- Leon State Fair
- State sport units (there are 7 in total)
- Plaza Mayor Mall
- Centro Max Mall
- Shoe Plaza Shopping Center
- Placita del Campestre Shopping Centre
- Plaza las Palmas Shopping Center
- Plaza Galerias Mall
- Leon Sur Shopping Mall



- Leather Zone and Footwear Shopping Center
- Bicentennial Park (Silao, Guanajuato)

## ARRIVAL IN LEON, GUANAJUATO

The Guanajuato International Airport is located 20 km from Leon, Guanajuato. The airport code is BJX, for flights location.

Taxi service is available all-day long. Its cost ranges from 450 pesos from the airport to the city, offering a secure service and fixed rates. The hiring window is located inside the airport. For more information, please visit the Taxi booths upon arrival.

If traveling by bus, the bus station is located in the downtown area of the city and surrounded by a commercial area specializing in leather goods. The bus station offers a secure taxi service with fixed rates.

In both cases, when taking a taxi service remember to mention the exact address of the place you're going to avoid misunderstandings.

We recommend arriving a few days in advance in order to find the appropriate accommodation before classes start. As an option, you might consider staying at a hotel or in shared rooms that are rented by day or week, until you find a definite place.

### What if I'm travelling during my stay in Leon?

Below you will find information that might be useful whenever you wish to travel to another city or state.

Transportation	Phone / Website
<b>Buses</b>	
Primera Plus	(477) 710 00 01 <a href="http://www.primeraplus.com.mx">www.primeraplus.com.mx</a>
ETN	01 800 800 0386 <a href="http://www.etn.com.mx">www.etn.com.mx</a>
Futura	01 800 507 5500 <a href="http://www.futura.com.mx">www.futura.com.mx</a>
<b>Airlines</b>	
Viva aerobus	<a href="http://www.vivaaerobus.com">www.vivaaerobus.com</a>
American airlines	<a href="http://www.aa.com">www.aa.com</a>
Aeromexico	<a href="http://www.aeromexico.com">www.aeromexico.com</a>
<b>Taxi</b>	
De la Salle Taxi Site	(477)718 70 29
Taxitel	(477) 770-2121

## Travel light



Chances are when you return home from our city, you'll have a list of new things and souvenirs to take with you, so we strongly advise you to check the maximum permitted luggage weight with the airline, bus or travel agency servicing you. This should be taken into consideration before arriving at Leon and upon your return. Avoid paying for extra luggage or leaving things that you have purchased.

## Gastronomy



Although the city of Leon has no ancestral artisanal dishes, there have been many expressions of casual dining. One of the most notable and well-known examples of Leon are called "Guacamayas", which consist of a prepared bread (bolillo) and pork cracklings (chicharron), served with pico de gallo sauce, lemon juice and pork skins (cueritos).



Prepared fruits are also very popular throughout the city: jicama, watermelon, cucumber, or mango for example, with spicy chili sauce powder, lemon and cheese. They are known by the names of "caldo de oso" or "bombas". We invite you to try them, and according to your taste, be careful with the spicy sauces.

## Meals in Mexico are often taken during the following times:

Breakfast is taken first, before going to work or class. This food usually consists of coffee or milk, fruit, juice and in general, something very light.

Lunch takes place between 2:00 p.m. and 4:00 p.m. depending on the schedules of families. It usually consists of a first course (pasta, rice, or broth), followed by a main course (meat or fish with salad or other side dish) and dessert, which is often fruit or a prepared sweet food.



Dinner is a lighter meal done between 8:00 p.m. and 10:00 p.m. It is very normal for many Mexicans dining out in a restaurant, a cenaduria (a small restaurant specialized in serving dinner courses only) or at an informal "taco" place. Something very typical in Mexico are "tacos": corn tortilla, beef or pork meat, hot sauce and some vegetables.

Four cafeterias are located at the University, where drinks, snacks, sandwiches, and lunches are served at a moderate price. You can also find many fast food restaurants nearby, as well as small restaurants and places that offer meals and snacks at very affordable prices.

## Entertainment

Leon is a very versatile city; it offers a variety of places to distract you during your free time.

Near the University, you'll find cafes where you can spend an afternoon studying or talking with colleagues and friends; there are also squares where you can find restaurants, bars and canteens. If you like to dance, the city has places where different styles of music are played; you can select them according to your preferences. You can go to salsa, pop, reggaeton and electronic music trendy clubs or even find places where mariachi and band music is played, which are very popular in this region.

Other options include various temporary events organized within the city. For its location and services, Leon hosts national and international festivals and tournaments throughout different seasons:

**International Balloon Festival (FIG)** - Conducted in November, it is the largest hot air balloon festival in Latin America and third in the Americas, offering the world one of the most beautiful and admired shows in Mexico: the flight of approximately 200 fascinating and colorful hot air balloons. This event gathers about 300,000 attendees.

**International Cervantino Festival (FIC)** – It takes place in October. Since 1972, the International Cervantino Festival (FIC) was established as the largest multicultural festival in the Americas. Because of this, artists from all around the world gather year after year to present various cultural events, representative of each nation.

**Guanajuato International Film Festival (GIFF)** - Formerly known as “Expresión en Corto”, in this event short films are shown. It aims to strengthen the film industry through mechanisms that facilitate production, introducing films from Mexico and the rest of the world. Each festival hosts new talents and tributes those who have contributed outstandingly in the construction of this industry.

**Rally Guanajuato Mexico** - Rally Guanajuato Mexico is the third round of the FIA World Rally Championship. It takes place in the mountains surrounding the cities of Leon, Silao, Irapuato and Guanajuato, in the state of Guanajuato, Mexico. Since its entry to WRC in 2004, this event is extremely popular with both competitors and spectators, and has always rated in the top five world rallies.

**Leon State Fair** – It is held within the framework of Las Fiestas de Enero (January Festivities), month in which the anniversary of the founding of Leon is celebrated. It offers fun, amusement rides, shows, livestock exhibitions, corporate, industrial and gastronomic events. It is visited by over 5 million people.

In addition to these events in town, activities are held throughout the year in order to promote healthy living, culture, art and sports.

## Cost of Living in Leon

The cost of living in Leon for a student, including rent, food and other expenses, could be estimated between \$ 5,000.00 and \$ 8,000.00 pesos monthly, depending on the chosen lifestyle and type of housing. If you are renting a place on your own, it is likely that during the first month you'll need extra money for the required deposit, electricity, gas, phone and internet contract, etc. We recommend that you bring a credit or debit card where you can get the money you'll need to cover your expenses.

Below are the approximate prices of activities you might do during your stay in Leon:

Activity	Approximate cost (in pesos)
Taxi ride	Minimum fee: \$40.00
Movie ticket	\$50.00
Full-course meal (soup, main course, vegetables and fruit-flavored water) at the University surroundings	\$40.00
Lunch at the University's cafeterias	\$30.00
Soda	\$8.00
Medium-size pizza	\$80.00
Coffee (Large)	\$15.00
Laundry	\$150.00
Monthly rate for an individual room	\$2,000.00 to \$4,000.00

## WEATHER

In general, climate in the city of Leon is mild and the average annual temperature is 19.2 ° C (66.56 °F). In the winter months, from December to February, the temperature drops a bit at night to 10 ° C. During the summer the temperature can rise up to 30/35 ° C (85 / 95 °F).

## DAYLIGHT SAVING TIME



In the summer time (from the first Sunday in April to the last Sunday in October), the clocks are advanced one hour; in the winter (from the last Sunday in October until the first Sunday in April), clocks are adjusted backward one hour.

## TIME ZONE



In the south, center and east of Mexico, time zone is -5 GTM in the summer and -6 GMT during the winter. It is considered as the standard time of the country, for being valid in most parts of the country.

In the west (Nayarit, Sinaloa, Sonora and Baja California), time consists of -6 GMT during the summer and -7 GMT in the winter.

In Northern Baja California, time zone consists of -7 GTM during the summer and -8 GTM in the winter.



## ELECTRICITY



In Mexico, the electric current is 110 volts. The plugs are two-pin flat blades, American type. If you have appliances that require 220 volts, you should bring a converter or buy one upon arrival.

## MONEY



The unit of currency in Mexico is the "peso" and it's divided into one hundred cents.



The **banknote** denominations are:  
20, 50, 100, 200, 500 and 1000



**Coin** denominations are:  
5,10, 20 and 50 cents  
1, 2, 5, 10, 20 pesos

## CREDIT AND DEBIT CARDS



Major credit cards such as Visa, MasterCard and American Express are accepted in most establishments throughout Mexico. When using your card, you will be asked to show a valid ID or a passport to verify your identity.

## HOSPITALS NEAR DE LA SALLE BAJÍO UNIVERSITY

### Hospital Angeles Leon

Services: Emergency area, operating rooms, MRI, CT scan, X-ray, nuclear medicine, clinical laboratory, intensive care unit, checkups, etc.

Address: Cerro Gordo No. 311 Col. Lomas del Campestre, 37150

Phone: (477) 788.56.00 <http://www.hospitalangelesleon.com/>

### Medica Campestre

Services: Hospitalization, operating room, emergency area, intensive care unit (adult and neonatal), clinical laboratory (Proquimed), pharmacy, diagnostic imaging, medical specialists.

Address: Manantial No.106 Col. Futurama Monterrey, 37180

Phone: (477) 779.05.05 <http://www.medicacampestre.com/>

### Hospital Aranda de la Parra

Services: Ambulance, blood bank, brachytherapy, chapel, surgery, checkups, labor and delivery, analysis, X-ray, CT scan, etc.

Address: Hidalgo No. 329 Col. Centro, 37000

Phone: (477) 719.71.00 <http://www.arandadelaparra.com/>

## NEARBY MALLS

**Plaza Mayor** -. Blvd Antonio de Torres #2002, Col. Valle del Campestre

Phone: (477) 717 9358, 773 4916.

Open Monday to Sunday from 11:00 a.m. to 8:30 p.m.

**La Gran Plaza** -. Blvd. Lopez Mateos 1902 A. North. Col. Peñitas.

Phone: (477) 718 7879, 716 9968.

Open Monday to Sunday from 10:00 a.m. to 8:30 p.m.

## SELF SERVICE STORES CLOSE TO THE UNIVERSITY

**Wal Mart**: Blvd Manuel J. Clouthier # 302, Col. Predio Rustico Cerro Gordo, between Blvd. Prolongacion Bosques del Campestre and Blvd. Felipe Martinez Chapa..

Phone: (01477) 781 19 26 35

Open Monday to Sunday from 8:00 a.m.to 10:00 p.m.

**Superama**: Blvd. Lopez Sanabria No. 101 Col. Predio Cerro Gordo

Phone: (01477) 717 75 03

Open Monday to Sunday from 7:00 a.m. to 11:00 p.m.

It is located before the De La Salle Bajio University.

**Soriana**: Blvd Miguel de Cervantes Saavedra and Torres Landa # 1701 Col. La Piscina.

Phone: (01477) 778 42 41

Open Monday to Sunday from 9:00 a.m. to 10:00 p.m.

**Sam's Club**: Blvd Manuel J. Clouthier Col. Predio Rustico Cerro Gordo, between Blvd. Prolongacion Bosques del Campestre and Blvd. Felipe Martinez Chapa, next to Wal-Mart.

Open Monday to Sunday from 8:00 a.m. to 21:00 p.m.

## TRANSPORTATION

The Integrated Transport System refers to the development and implementation of a mass transit system that gives users greater accessibility between different areas of the city, properly structuring road infrastructure through its rational use by offering a comfortable, safe and efficient service.

The Integrated Transport System works with three types of routes: **trunk** routes, which circulate through the main avenues of the city departing from one transfer station to another, located north, east and south of the city; **assistant** routes, transporting from a transfer station to another by primary roads but different from where trunk routes circulate, and **feeder** routes which go from one neighborhood to the nearest transfer station. Inside the bus system, you'll find the "Orugas" (for their resemblance to caterpillars), featuring additional routes than those offered by regular buses.

The user can enter the system with a prepaid pass called PagoBus, or by paying with cash. Once inside the bus, he or she can change buses without paying again

Local buses that go to the De La Salle Bajío University are Routes 11 and 4, as well as the "Circunvalacion" route. Each ticket costs \$ 9.00 per person.

Taxi service fees depend on the distance traveled. Reliable taxi sites are: Radio Taxi La Salle and Taxitel.

Phones: 4777 702121 and 477 719 7029 respectively.

## TELEPHONES



Public telephones work with coins or cards that you can buy at newsstands and convenience stores.

To call Leon from another country, you should dial the following codes: 52 (Mexico) + 477 (Leon) and the desired number. For example: +52-477-710-85-00 to call De La Salle Bajío University.

You must take into account that the long-distance telephone service is expensive. We suggest using the Internet to communicate with family and friends at home.

International telephone calling codes can be found here: [www.countrycallingcodes.com](http://www.countrycallingcodes.com)

## PHONE BOOK AND EMERGENCY NUMBERS



Mexico International Code: +52  
Guanajuato National Code (477)

<b>Emergencies</b>	<b>066</b>
Fire department	773-53-13
Airport	01 (472) 748-21-20
Telephone Information	040
Red Cross	065
Preventive Federal Police Department	772-5653
Municipal Transit Department	146-7300
Bus Station	791-41-69 y 774-49-83
Médica Campestre Hospital (nearby the University)	779-05-05
From young people to young people (youth assistance)	01 800 713 5343
<i>Wake up call</i>	<i>031</i>
International Long Distance vía the Operator	090